

Media

Addicts

Anonymous



Have you:

- Lost large amounts of time on your devices?
- Tried to control your usage through time limits, blockers, or by deleting accounts, to little or no effect?
- Gotten lost in news, fantasy worlds, or the lives of others?

Is excessive screen time making it impossible to live your life?

We have found a real solution! Join us:

When: Thursdays at 7:00 pm

Where: St. Michael & All Angels Church, 611 St. Clair Ave West
(a short walk west of St Clair West station)

Finally become the main character of your own life!